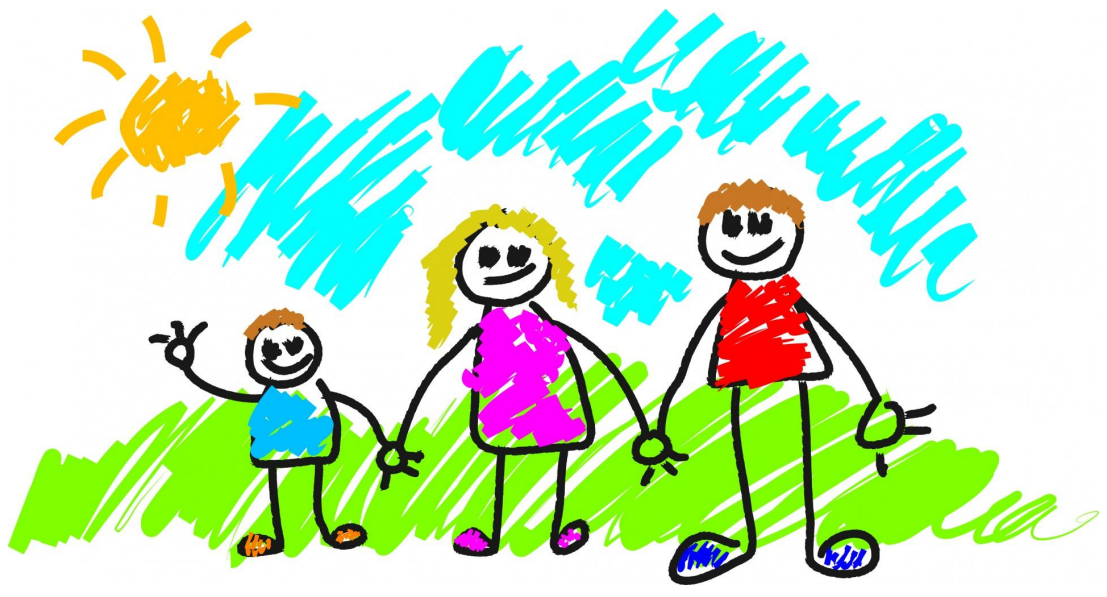


The Leader in Me

At Home Activity Ideas!

You can help your children be the best LEADERS they can be!



Linden Hill Elementary School

Habit 7: Sharpen the Saw
Habit 6: Synergize
Understood

Habit 3: Put First Things First
Habit 4: Think Win-Win

Quick Tips for Busy Families

#1 - Keep it Simple!



Integrate Leader in Me Language into everyday life.

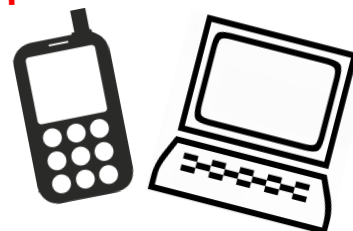
Use real life examples to discuss the Leader in Me Habits.

Ask your students on Fridays about their Leadership Lesson!

Discuss the Habits while you watch TV or Movies.

Give your children leadership roles at home.

#2 - Share Your Ideas!



If you have a great idea of how you are integrating the habits at home → share it with our school community! Email your ideas to kristen.palma@redclay.k12.de.us and we will post them for families!

Take a picture of your children/family practicing the Leader in Me outside of school and post it to social media.

Join our Parent Lighthouse Team in 2017/2018 and get involved @LindenhillLions and #LHEpride in our Leadership activities at school. If you are interested and passionate about TLIM initiative let us know!

#3 - Be a Role Model Leader!

Know the 7 Habits so you can talk to your children about them!

Live the 7 Habits and model them for your children!

Participate in activities at home that show the 7 Habits are important!



Get involved in the community with your family!

At Home Activity Ideas for the 7 Habits

Habit 1: Be Proactive

You're in Charge

I am a responsible person. I take initiative. I choose my actions, attitudes, and moods. I do not blame others for my wrong actions. I do the right thing without being asked, even when no one is looking.

At Home Activity:

- Hand out Proactive Points to your children for being proactive at home.
- Discuss being proactive vs reactive.

Habit 2: Begin with the End in Mind

Have a Plan

I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom and contribute to my school's mission and vision. I look for ways to be a good citizen.

At Home Activity:

- Set daily, weekly, or monthly goals and make sure to revisit them at the end of the period to see if they were met.
- Discuss what it means to be a good citizen.
- Come up with a family project to work on and think about a plan to be successful.

Habit 3: Put First Things First

Work First, Then Play

I spend my time on things that are most important. This means I say no to things I know I should not do. I set priorities, make a schedule, and follow my plan. I am disciplined and organized.

At Home Activity:

- Integrate schedules into your child's day.
- Play "this or that" (name two activities and have them pick the one that is more of a priority).
- Work on organization goals at home.

Habit 4: Think Win-Win

Everyone Can Win

I balance courage for getting what I want with consideration for what others want. I make deposits in others' Emotional Bank Accounts. When conflicts arise, I look for third alternatives.

At Home Activity:

- Discuss point of views and different perspectives.
- Think about how to give back to others, even if it means taking a little from themselves.

At Home Activity Ideas for the 7 Habits

Habit 5: Seek First to understand, Then to be understood

Listen Before You Talk

I listen to other people's ideas and feelings. I try to see things from their viewpoints. I listen to others without interrupting. I am confident in voicing my ideas. I look people in the eyes when talking.

At Home Activity Ideas:

- Use a Talking Stick when discussing something as a family to show the importance of listening to everyone who has something to say.
- Practice looking people in the eye when having a conversation.
- Set aside time for discussions that won't be rushed or during a busy transition.

Habit 6: Synergize

Together Is Better

I value other people's strengths and learn from them. I get along well with others, even people who are different than me. I work well in groups. I seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions than anyone of us can alone. I am humble.

At Home Activity Ideas:

- Complete a project together around the house. Discuss how it is better to work together.
- Research and learn about other's cultures and backgrounds.
- Discuss the importance of helping others who need help. Role play a situation that models this.

Habit 7: Sharpen the Saw

Balance Feels Best

I take care of my body by eating right, exercising and getting sleep. I spend time with family and friends. I learn in lots of ways and lots of places, not just at school. I find meaningful ways to help others.

At Home Activity Ideas:

- Set a time that you will all do something together as a family. Discuss how this makes everyone feel to do something together.
- Find ways to give back to the community or help others.
- Do an at-home research project with your child on something they are interested in.
- Discuss what it means to eat right and plan a healthy meal to cook together with your child.