

# FREE Johnson Flu Clinic



When: Nov 21st

@1230p-2p in the gym

# Lunch provided

## FAQ

Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat, and lungs. CDC recommends that everyone 6 months and older get an annual flu vaccine.

**APPOINTMENTS STRONGLY  
ENCOURAGED**



<https://www.acmemarkets.com/vaccinations/group-clinic/JohnsonElem>

Contact nurse Sawdia for any questions

## Symptoms

Flu symptoms can range from mild to severe. Those with chronic health conditions may develop flu complications.

- \* Flu
- \* Fever or feeling feverish/chills
- \* Cough Sore throat
- \* Runny or stuffy nose
- \* Muscle or body aches
- \* Headaches Fatigue (tiredness) Some people may have vomiting and diarrhea, though this is more common in children than adults.