

Mobility Opportunities Via Education (M.O.V.E.)



Mobility Opportunities Via Education (M.O.V.E.) is a top-down, activity-based curriculum designed to systematically teach students with physical disabilities increasing amounts of independence necessary to sit, stand, walk, and transition. The program combines the expertise of education and therapy to focus on family priorities and the functional motor skills that students need now and in the future. Because the educational focus for Meadowood students is to enhance or develop functional life skills to enhance or increase their levels of independence, the principles and philosophy of the M.O.V.E. program go hand in hand with the principles and philosophy of the

Meadowood program.

The M.O.V.E curriculum is designed to help students practice their motor skills while performing everyday tasks, reducing the time and energy requirements for daily care. The program also provides a sequence for age-appropriate instruction of motor skills, as well as a way to measure incremental improvements in those motor skills. Improvements in motor skills are crucial to increasing the availability of opportunities for students in the home, school, and community. The M.O.V.E. curriculum also provides students with the basic motor skills needed for the development of other skills such as expressive language and self-care, furthering their future education and work opportunities.



On October 18, 2012, the Meadowood Program was officially designated as a MOVE Model Site by MOVE International. For more information about MOVE, go to www.move-international.org.

