

Alexis I DuPont High School

Thank you for completing Action for Healthy Kids' School Health Index. This report summarizes your responses and identifies opportunities for growth. Review this report with your school health team and use the information to prioritize your school's health and wellbeing.

Looking to improve your school's SHI score?

Check out [AFHK's Resource Library \(https://www.actionforhealthykids.org/game-on-activity-library/\)](https://www.actionforhealthykids.org/game-on-activity-library/) for ideas, strategies, and activities to create a healthier school environment today!

Alexis I DuPont High School SHI RESULTS



MyScore: Dark Blue | Total Score: Light Blue | State Average Score: Orange | District Average Score: Green



You scored 60.53 %

OPPORTUNITIES FOR GROWTH

Your school scored 60.53 % on the School Health Index. This score was determined based on your responses to specific School Health Index questions that measure best practices related to the Whole Child. Questions where your school scored a 0 or 1 are identified below. Focus your school health efforts on these areas to ensure your school provides a school environment where students are healthy in body and mind.

Category Score with Opportunity for Growth	Score
<i>School Health and Environment</i>	<i>8/15</i>
3. Local wellness policy	1 = Under Development
4. School health action plan	0 = Not in Place
<i>Nutrition Environment</i>	<i>43/57</i>
21. Venues outside the cafeteria offer fruits and vegetables	1 = Under Development
22. Culturally relevant, age appropriate, evidence-based nutrition education curriculum	1 = Under Development
23. Family engagement in nutrition education and school meal programs	1 = Under Development
24. Farm to School activities	0 = Not in Place

<i>Health Education</i>	<i>18/24</i>
25. Health education taught in all grades	1 = Under Development
<i>PE and PA</i>	<i>26/51</i>
33. 150 minutes of physical education per week	1 = Under Development
36. Health-related physical fitness	1 = Under Development
40. Recess	0 = Not in Place
43. Professional development for classroom teachers	0 = Not in Place
44. Promotion or support of walking and bicycling to and/or from school	0 = Not in Place
46. Availability of physical activity breaks in classrooms	1 = Under Development
47. Family engagement in physical education and physical activity programs	1 = Under Development
48. Physical activity facilities open to students, their families, and the community outside school hours	1 = Under Development
49. Methods to promote student participation in community physical activity	1 = Under Development
<i>Social and Emotional Climate</i>	<i>17/24</i>
54. Social and emotional learning programs	1 = Under Development

<i>School Health Services</i>	<i>12/15</i>
58. Collaboration between school nutrition services staff members and teachers	0 = Not in Place
<i>Staff Wellness</i>	<i>5/15</i>
63. Programs for staff members on physical activity/fitness	1 = Under Development
64. Programs for staff members on healthy eating/weight management	0 = Not in Place
65. All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	1 = Under Development
66. Modeling healthy eating and physical activity behaviors	1 = Under Development
<i>Family Involvement</i>	<i>7/21</i>
68. Communication with families	1 = Under Development
69. Family engagement in school decision making	1 = Under Development
70. Family volunteers	1 = Under Development
71. Professional development on family engagement strategies	1 = Under Development
72. Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus	1 = Under Development

73. Opportunities for learning reinforcement at home	1 = Under Development
74. Regular updates about student health	1 = Under Development
<i>Community Involvement</i>	<i>2/6</i>
75. Community involvement in school decision making	1 = Under Development
76. Community involvement in school health initiatives	1 = Under Development

Need Help?

