

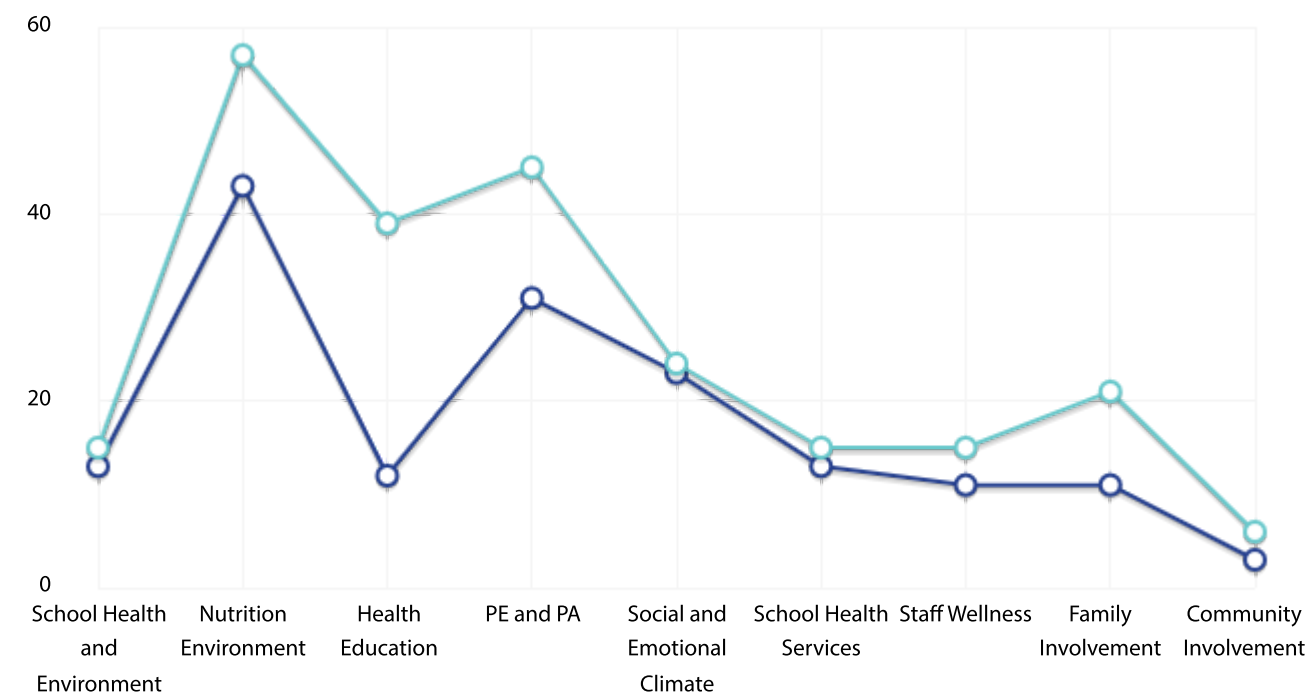
CENTRAL SCHOOL

Thank you for completing Action for Healthy Kids’ School Health Index. This report summarizes your responses and identifies opportunities for growth. Review this report with your school health team and use the information to prioritize your school’s health and wellbeing.

Looking to improve your school’s SHI score?

Check out [AFHK’s Resource Library \(https://www.actionforhealthykids.org/game-on-activity-library/\)](https://www.actionforhealthykids.org/game-on-activity-library/) for ideas, strategies, and activities to create a healthier school environment today!

CENTRAL SCHOOL SHI RESULTS



MyScore: Dark Blue | Total Score: Light Blue | State Average Score: Orange | District Average Score: Green



You scored 67.51 %

OPPORTUNITIES FOR GROWTH

Your school scored 67.51 % on the School Health Index. This score was determined based on your responses to specific School Health Index questions that measure best practices related to the Whole Child. Questions where your school scored a 0 or 1 are identified below. Focus your school health efforts on these areas to ensure your school provides a school environment where students are healthy in body and mind.

Category Score with Opportunity for Growth	Score
<i>Nutrition Environment</i>	<i>43/57</i>
21. Venues outside the cafeteria offer fruits and vegetables	0 = Not in Place
22. Culturally relevant, age appropriate, evidence-based nutrition education curriculum	0 = Not in Place
23. Family engagement in nutrition education and school meal programs	0 = Not in Place
24. Farm to School activities	0 = Not in Place
<i>Health Education</i>	<i>12/39</i>
25. Required health education course	0 = Not in Place
26. Sequential health education curriculum consistent with standards	0 = Not in Place

28. Credentialed health education teachers	0 = Not in Place
29. Professional development in health education	0 = Not in Place
32. Opportunities for students to practice or rehearse the skills needed to maintain and improve their health	1 = Under Development
35. Topics on preventing tobacco use	0 = Not in Place
36. Topics on preventing alcohol and other drug use	0 = Not in Place
37. Topics on preventing HIV, other STD and pregnancy	0 = Not in Place
<i>PE and PA</i>	<i>31/45</i>
41. Health-related physical fitness	0 = Not in Place
48. Availability of before- and after-school physical activity opportunities	0 = Not in Place
50. Family engagement in physical education and physical activity programs	1 = Under Development
51. Physical activity facilities open to students, their families, and the community outside school hours	0 = Not in Place
<i>School Health Services</i>	<i>13/15</i>
61. Collaboration between school nutrition services staff members and teachers	1 = Under Development
<i>Social and Emotional Climate</i>	<i>23/24</i>
<i>Staff Wellness</i>	<i>11/15</i>
67. Programs for staff members on healthy	1 = Under

eating/weight management	Development
<i>Family Involvement</i>	<i>11/21</i>
71. Communication with families	1 = Under Development
73. Family volunteers	0 = Not in Place
74. Professional development on family engagement strategies	0 = Not in Place
<i>Community Involvement</i>	<i>3/6</i>
79. Community involvement in school health initiatives	1 = Under Development
<i>School Health and Environment</i>	<i>13/15</i>

Need Help?

