

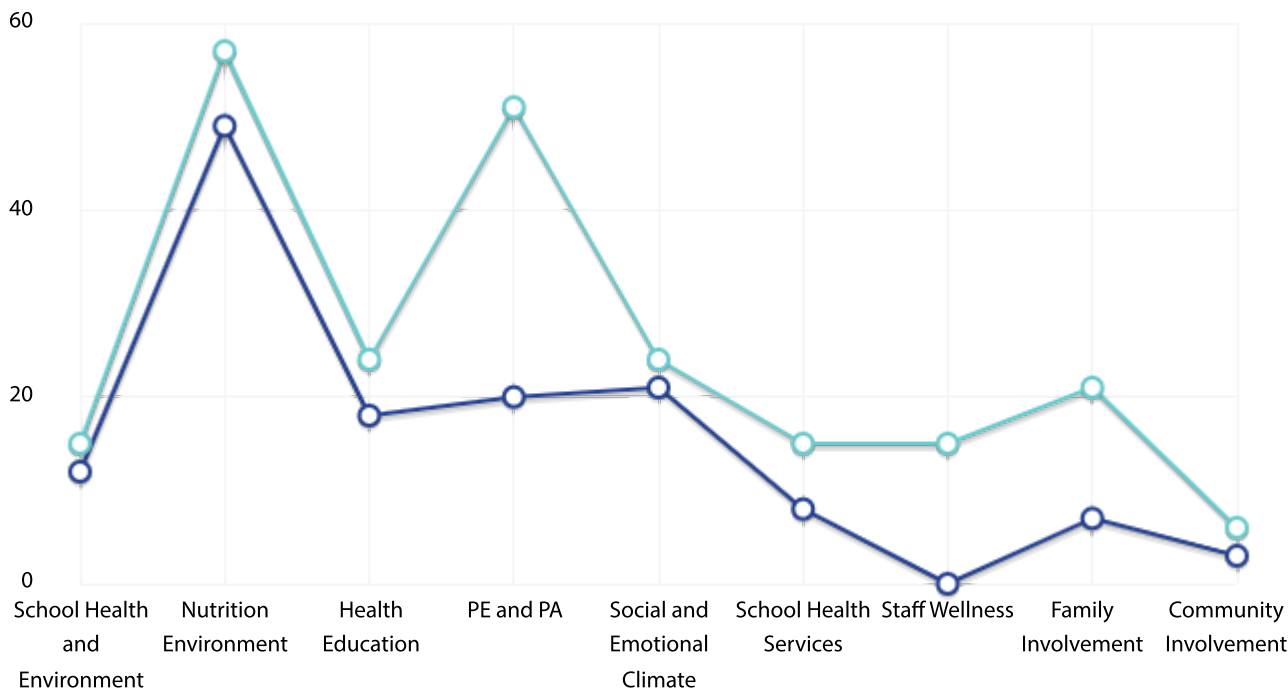
Conrad Schools of Science

Thank you for completing Action for Healthy Kids' School Health Index. This report summarizes your responses and identifies opportunities for growth. Review this report with your school health team and use the information to prioritize your school's health and wellbeing.

Looking to improve your school's SHI score?

Check out [AFHK's Resource Library \(https://www.actionforhealthykids.org/game-on-activity-library/\)](https://www.actionforhealthykids.org/game-on-activity-library/) for ideas, strategies, and activities to create a healthier school environment today!

Conrad Schools of Science SHI RESULTS



MyScore: Dark Blue | Total Score: Light Blue | State Average Score: Orange | District Average Score: Green



You scored 60.53 %

OPPORTUNITIES FOR GROWTH

Your school scored 60.53 % on the School Health Index. This score was determined based on your responses to specific School Health Index questions that measure best practices related to the Whole Child. Questions where your school scored a 0 or 1 are identified below. Focus your school health efforts on these areas to ensure your school provides a school environment where students are healthy in body and mind.

Category Score with Opportunity for Growth	Score
<i>PE and PA</i>	<i>20/51</i>
33. 150 minutes of physical education per week	1 = Under Development
36. Health-related physical fitness	1 = Under Development
40. Recess	0 = Not in Place
42. Prohibit withholding recess as punishment	0 = Not in Place
43. Professional development for classroom teachers	0 = Not in Place
44. Promotion or support of walking and bicycling to and/or from school	0 = Not in Place
46. Availability of physical activity breaks in classrooms	1 = Under Development

47. Family engagement in physical education and physical activity programs	0 = Not in Place
48. Physical activity facilities open to students, their families, and the community outside school hours	0 = Not in Place
49. Methods to promote student participation in community physical activity	1 = Under Development
<i>Nutrition Environment</i>	<i>49/57</i>
<i>Health Education</i>	<i>18/24</i>
<i>School Health Services</i>	<i>8/15</i>
58. Collaboration between school nutrition services staff members and teachers	1 = Under Development
61. Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	1 = Under Development
62. School counselor collaborates with other school staff members	1 = Under Development
<i>Social and Emotional Climate</i>	<i>21/24</i>
<i>Staff Wellness</i>	<i>0/15</i>
63. Programs for staff members on physical activity/fitness	0 = Not in Place
64. Programs for staff members on healthy eating/weight management	0 = Not in Place
65. All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	0 = Not in Place

66. Modeling healthy eating and physical activity behaviors	0 = Not in Place
67. Free or low-cost stress management programs	0 = Not in Place
<i>Family Involvement</i>	<i>7/21</i>
69. Family engagement in school decision making	1 = Under Development
70. Family volunteers	1 = Under Development
71. Professional development on family engagement strategies	0 = Not in Place
72. Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus	0 = Not in Place
73. Opportunities for learning reinforcement at home	1 = Under Development
<i>Community Involvement</i>	<i>3/6</i>
76. Community involvement in school health initiatives	1 = Under Development
<i>School Health and Environment</i>	<i>12/15</i>

Need Help?

