

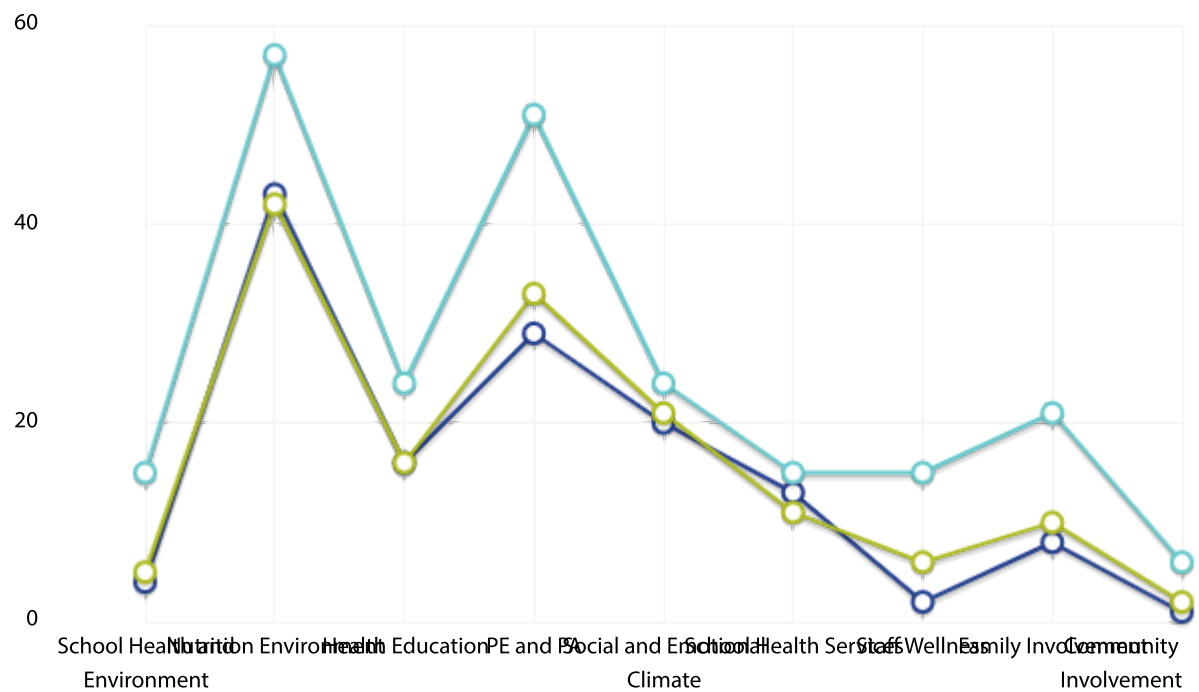
Highlands Elementary School

Thank you for completing Action for Healthy Kids' School Health Index. This report summarizes your responses and identifies opportunities for growth. Review this report with your school health team and use the information to prioritize your school's health and wellbeing.

Looking to improve your school's SHI score?

Check out AFHK's Resource Library (<https://www.actionforhealthykids.org/game-on-activity-library/>) for ideas, strategies, and activities to create a healthier school environment today!

Highlands Elementary School SHI RESULTS



MyScore: Dark Blue | Total Score: Light Blue | State Average Score: Orange | District Average Score: Green



You scored 59.65 %

OPPORTUNITIES FOR GROWTH

Your school scored 59.65 % on the School Health Index. This score was determined based on your responses to specific School Health Index questions that measure best practices related to the Whole Child. Questions where your school scored a 0 or 1 are identified below. Focus your school health efforts on these areas to ensure your school provides a school environment where students are healthy in body and mind.

Category Score with Opportunity for Growth	Score
<i>School Health and Environment</i>	<i>4/15</i>
1. School health oversight	0 = Not in Place
2. Representative school health committee or team	0 = Not in Place
3. Local wellness policy	1 = Under Development
4. School health action plan	0 = Not in Place
<i>Nutrition Environment</i>	<i>43/57</i>
21. Venues outside the cafeteria offer fruits and vegetables	0 = Not in Place
22. Culturally relevant, age appropriate, evidence-based nutrition education curriculum	0 = Not in Place

23. Family engagement in nutrition education and school meal programs	0 = Not in Place
24. Farm to School activities	0 = Not in Place
<i>Health Education</i>	<i>16/24</i>
31. Opportunities for students to practice or rehearse the skills needed to maintain and improve their health	1 = Under Development
32. Health education use assignments or projects that encourage students to have interactions with family members and community organizations	0 = Not in Place
<i>PE and PA</i>	<i>29/51</i>
35. Students active at least 50% of class time	1 = Under Development
38. Address special health care needs	1 = Under Development
42. Prohibit withholding recess as punishment	1 = Under Development
44. Promotion or support of walking and bicycling to and/or from school	0 = Not in Place
46. Availability of physical activity breaks in classrooms	0 = Not in Place
47. Family engagement in physical education and physical activity programs	0 = Not in Place
48. Physical activity facilities open to students, their families, and the community outside school hours	0 = Not in Place

49. Methods to promote student participation in community physical activity	0 = Not in Place
<i>Social and Emotional Climate</i>	<i>20/24</i>
54. Social and emotional learning programs	1 = Under Development
<i>School Health Services</i>	<i>13/15</i>
58. Collaboration between school nutrition services staff members and teachers	1 = Under Development
<i>Staff Wellness</i>	<i>2/15</i>
63. Programs for staff members on physical activity/fitness	0 = Not in Place
64. Programs for staff members on healthy eating/weight management	0 = Not in Place
66. Modeling healthy eating and physical activity behaviors	0 = Not in Place
67. Free or low-cost stress management programs	0 = Not in Place
<i>Family Involvement</i>	<i>8/21</i>
69. Family engagement in school decision making	1 = Under Development
70. Family volunteers	0 = Not in Place
71. Professional development on family engagement strategies	0 = Not in Place
72. Student and family involvement in the school meal programs and other foods and beverages sold, served	0 = Not in Place

and offered on school campus	
73. Opportunities for learning reinforcement at home	1 = Under Development
<i>Community Involvement</i>	<i>1/6</i>
75. Community involvement in school decision making	1 = Under Development
76. Community involvement in school health initiatives	0 = Not in Place

Need Help?

